



LIVE AND LEARN CHILD DEVELOPMENT CENTER NEWSLETTER

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Desk of the Owner's - Kathy's Korner



How to Access Toileting Readiness

Knowing the signs of toileting readiness in your child can help alleviate potty training frustrations.

Difficulty Level: Easy **Time Required:** Variable

Here's how:

1. Be sure that your child is able to understand and follow simple instructions.
2. Consider your child's language capability. Does s/he know and understand "wet" and "dry" and can differentiate between the two?
3. Determine your child's competence at understanding toileting words such as, "pee, poop, toilet or potty." Can you child show you where the potty or toilet is when asked?
4. Take notice when your child begins to exhibit an interest in pleasing you. This is a good time to introduce your toddler to the potty chair or toilet.
5. Take notice of longer dry spells between diaper changes. This indicates your child's muscles are strengthening and beginning to control urine flow.
6. Take notice when your child begins having bowel movements on a fairly consistent basis. This indicates a strengthening of the muscles that control the bowels.
7. Recognize your child's desire to do things independently as a vital cue for training readiness.
8. Take notice when your child exhibits an interest in using the toilet or asks questions about toileting. This is good time to let your child go through the motions on his/her own potty chair.
9. Determine if your child has the coordination skills necessary for independent toileting. Can your child pull his/her pants up and down independently?
10. Consider your family's life events. Has there been any recent change in schedules or routines that may be stressful for your child? Training is best accomplished when your child is feeling secure and happy.

TIPS

1. Acquaint your child with toileting terms early, by offering confirmation and instruction during diaper changes. ("Did you poo in your diaper? Let's cleanup your butt and put the poop in the toilet.")
2. Allow your child to watch you and other family members use the toilet, let your child flush it and briefly explain the reasons for using toilet paper and washing hands.
3. Change your child's diaper as soon as possible after soiling so s/he doesn't become comfortable with, or even enjoy, being soiled.

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Director's Corner



The Wonderful World of Math by A. Jayou

Why should Mathematics matter in pre-school, what's the purpose? The introduced to math aren't they? Math is a concept that should be given to older school only. That's how it should be right? Wrong, mathematical are a daily chall the country, but it shouldn't be. Let's consider the fact that mathematical concern we use them every day with thought. Let's bake an apple plate in our oven at need one larger green apple and one knife that our parent will use to help cut the apple in half, then we will cut it into four pieces, eight pieces, and finally sixteen, your child will arrange on the plate in the shape of a circle. Our next step requires melted unsalted butter, to the brushed onto the apple slices. We will need a half sugar and a half teaspoon of cinnamon to sprinkle on our apple for additional flav the oven for three to five minutes.

The snack is healthy and delicious on that requires us to use mathematical measure the temperature of the oven in degrees, the time it will take to cook the ingredients to add taste to our dish in units to tablespoons and teaspoon. The measurement of size. When we arrange our apples on the plate in the form of a geometry because a circle is considered a simple geometric shape. We cut the apple in half, one I pieces, one fourth (1/4) eight pieces (1/8) and finally sixteen pieces (1/16). When slices we have once we are finished cutting or how many apples did we use, we end concept of counting, even if the answer is as simple one. This is a timeless recipe example, of how we use mathematical concepts on a daily basis. Congratulations introduced our child to the wonderful world of math. Enjoy the rich tasty flavor of plate!

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